

STOPPING THAT URGE TO GO!

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Bladder control problems affect 50 million Americans and are one of the most common health problems that women face. While many think that the condition only affects older women, the truth is that women of all ages may have urine leakage (incontinence) or other bladder control issues.

Some of the reasons younger women may be affected by bladder control symptoms include, pregnancies, recurrent bladder infections, back injuries, side effects from medications, and poor pelvic muscle tone. Unfortunately, some of these symptoms can get so bad that some women don't want to leave their homes because of embarrassing leakage.

There is good news! Advanced treatment methods are available ranging from biofeedback exercises, acupuncture (PTNS), to a minimally invasive treatment called Lyrette™. The Lyrette™ procedure is an alternative to surgery to address stress urinary incontinence without the risks associated with general anesthesia, surgical implants, and the long recovery period after surgery. Women are typically treated in our modern procedure room as this procedure doesn't require a hospital operating room or surgical center.

The Lyrette™ procedure works by utilizing low temperature radiofrequency energy to stimulate collagen remodeling at the base of the bladder. The treatment involves nine one-minute treatment cycles that will gently heat the small areas at the base of the bladder utilizing radiofrequency energy. Over the course of the next few weeks and months, the body's natural healing process causes the tissue at the base of the bladder to become firmer and thus reduces or eliminates bladder leakage for most women.

This FDA approved procedure requires no incisions or implants and the entire treatment time is less than 20 minutes! At *Pacific Coast Urology's Bladder Control Center for Women* we have helped countless women regain bladder control and return to the activities they love.

To determine if you are a candidate for Lyrette™ , call 888.735.4336 to schedule an appointment at Pacific Coast Urology Medical Center. Visit: www.pacificcoasturology.com